



## Elements of Health

NCBTMB APPROVED  
6 HOUR CE

# INTEGRATED MASSAGE & CUPPING

Learn a new skill today...  
apply it tomorrow

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### PRIVATE CLASSES AVAILABLE

History in Chinese medicine, anatomy review, indication and contraindication for the technique, demonstration and application. Learn to use this technique with different body types and health concerns. This course is a wholistic approach to bodywork.

[www.elementsofhealthva.com](http://www.elementsofhealthva.com)  
call the Massage Instructor  
Shawnte' Peterson  
757-529-1647

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