



Elements of Health

Wellness Practitioner Workshop

Ionic Foot Detox

EOH Professional Course

Workshop demonstrates and prepares the Wellness Practitioner for understanding how the service works with the natural process in our body, what equipment is needed, anatomy review, safety, hygiene, creating a sacred space for detox, who is good candidate, contraindications for the service



Ionic Foot Detox Color Chart

Color of Water	Area of Body Detoxified
Red Flecks	Cellular debris, blood clots
Blue	Tissue and cellular debris from lymph system
Yellow	Detoxifying from Kidney, bladder, urinary tract, reproductive
Green	Detoxifying from Gallbladder
Orange	Detoxifying from Joints
Brown	Detoxifying from the liver, pollutants, cellular debris
Black	Detoxifying from the liver, toxic chemicals
Black Flecks	Heavy metals, strongly charged chemicals
Oil Floating	Fat
White Foam	Most likely yeast, candida, fungus, lymphatic drainage



Call /email for more info

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Private Classes & Small Group Classes Available to book